



# Duncan Delights

Tuckshop convenor - Mary Jackson Ph: 5581 4888



## Sandwiches

- Vegemite / jam / honey \$1.50
- Cheese / egg \$2.00
- Chicken / ham / tuna \$3.00
- Salad sandwich \$4.00
- Ham / chicken / tuna salad sandwich \$5.00
- Add on
- Gluten free bread \$1.00
- Wrap .50c

## Toasties

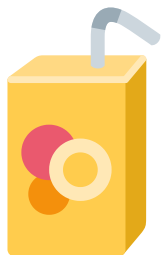
- Cheese \$2.20
- Chicken and cheese \$3.50
- Spaghetti and cheese \$3.50
- Ham and cheese \$3.50
- Ham and tomato \$3.50
- Ham, cheese and tomato \$3.70
- Add on
- Gluten free bread \$1.00
- Wrap .50c

## Quesadillas

- Beef and cheese \$3.50
- Chicken and Cheese \$3.50
- Cheese \$3

## Drinks

- Water \$2.50
- Popper \$2.50
- Chocolate milk \$2.50
- Strawberry milk \$2.50
- Chillj \$2.50



## Hot food

- Garlic bread \$1.50
- Party pie \$1.50
- Homemade sausage roll \$3.50
- Homemade pizza (Margherita, ham and cheese or chicken and cheese) \$4.00
- Nuggets 5 per serve \$5.00
- Ham and vegetable G/F fried rice \$5.00
- Homemade bolognese / lasagne \$5.00
- Mac and cheese \$5.00
- Beef or chicken burger \$5.00
- Hot dog \$4.50

## Snacks

- Frozen fruit .60c
- Popcorn .50c
- Boiled egg .60c
- Sweet muffin .60c
- Bliss ball .80c
- Pikelets \$1.40 (add .20c for spread)
- Cheese and crackers \$1.50
- Apple slinky or piece of fruit \$1.20
- Vanilla yoghurt \$2.00
- Custard \$2.20

## Salads

- Munch tub (cheese, carrot, tomato, celery, crackers and dip) \$3.70
- Fruit salad \$4.50
- Garden salad \$4.50
- Bento bowl (rice, carrot, cucumber, chicken, corn, seaweed and mayo) \$5.00

## Daily deals

### Monday

Snack box (frozen fruit, cheese and crackers, muffin) \$2.50

### Tuesday

- Sushi rolls - choice of tuna / chicken / avocado \$3.00
- Chicken and avocado \$3.50
- Tuna and avocado \$3.50



### Wednesday

Nachos \$4.00

## Meal deals available every day

### Wrap deal

Wrap (salad / chicken and salad / ham and salad), bliss ball, fruit and popper \$6.50

### Pizza Deal

Pizza, garlic bread and popper \$6.50

### Pasta deal

Bolognese, garlic bread and popper \$7.50

### Nugget deal

Nuggets, fruit and popper \$7.50

### Burger deal

Chicken or beef burger, fruit and popper \$7.50

## Daily \$6 Deal

### Brain break

Piece of fruit

### Little lunch

Vegemite or jam sandwich

Popcorn

Muffin

### Big lunch

Pizza

Popper

## Weekly \$30 Deal

### Brain break

Piece of fruit

### Little lunch

Vegemite or jam sandwich

Popcorn

Muffin

### Big lunch

A different hot lunch every day  
from the menu

Popper

## How to order lunch

Save time and order online with  
munch monitor.

[www.munchmonitor.com.au](http://www.munchmonitor.com.au)

School ID - williamduncan

Password - munch4211

Order cut off is 9:15am

The tuckshop will supply bags for  
10c, if required.

As well as Munch monitor, you can also place a bag  
order over the counter or via your child's tuckshop  
basket in the class room.

Please use a paper bag

- Your child's name and class  
(please write clearly)
- Little lunch or big lunch  
(Please use separate bags for each break.)
- Details of your order
- Enclose the correct money.
- Any change (if required) will be taped to  
the bag.

Please do not staple or tape bags.

## William Duncan State School

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2021

### Tuckshop Menu



We are always looking for  
volunteers. Please contact  
the tuckshop if you are  
interested in helping.